

## Interview For Austin Distance Challenge

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Justin Gabriel of RunTex (and former Adams State college runner) took the time to do this interview with me on Thursday for the Austin Distance Challenge website.

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Enjoy!

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ADC Videos on AustinDistanceChallenge

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The Austin Distance Challenge website is powered by RunTex and has been developed in conjunction with Mark Floreani of Flotrack . Floreani was an All-American in the steeplechase at the University of Texas. Both sites provide some great content and news on track and field and cross country.

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Many thanks to Justin for his efforts.