

## BlogTalkRadio - Tuesdays At 8:00

Contributed by Administrator  
Monday, 23 February 2009  
Last Updated Saturday, 07 March 2009

The BlogTalkRadio show "Consumer's Guide To Health" is now scheduled in prime time! Live episodes and phone-in (646-929-1567) will now take place every other Tuesday night at 8:00 pm. Podcasts will be available after the show airs. The BlogTalkRadio platform provides online listening and chat along with live phone-in options.

The next episode is on "Recovery-Centered Training".

The direct link to the show is at <http://www.blogtalkradio.com/abesselink>.