

## RunSmart Book Signing At RunTex 12/12/09

Contributed by Administrator  
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Allan Besselink, Austin physical therapist and endurance sports coach, will be in-store at RunTex Riverside (422 W. Riverside, Austin) on December 12 from 12:00 - 2:00 PM. Besselink will be discussing his approach to both injury-free running and injury recovery, and signing copies of his book "RunSmart: A Comprehensive Approach To Injury-Free Running".

Further information on "RunSmart: A Comprehensive Approach To Injury-Free Running" can be found [here](#).

Give the gift of injury-free running for Christmas!

RunTex is the place to be on 12/12 at 12:00 - hope to see you there.