

Educator

Allan's approach to both physiotherapy and coaching involves a significant foundation in client education. As the saying goes, "knowledge is power" - and Allan truly integrates this belief into his approach. Not only does he implement a high level of teaching into his clinical and coaching practice, he is also involved in the educational process in other venues. He is an adjunct assistant professor in the PT Assistant program at Austin Community College and has been a guest lecturer for more than 10 years at Texas State University in San Marcos. Allan is also involved in the continuing education of his peers, having developed the program "Sports Science Solutions for Rehabilitation and Training", a continuing education program for physical therapists, physicians, chiropractors, and massage therapists.